



Mental Skills Instructor

Location: East Otis, Massachusetts

Compensation: commensurate based on experience

Dates: Approximately mid-June to late August

Benefits: Travel stipend, comfortable housing, delicious meals, access to camp facilities

Description: The Berkshire Soccer Academy is an overnight soccer camp for girls. We offer an elite training experience for girls, ages 9-16, in a traditional camp setting on a private lake in the Berkshires.

When not on Cabin Counselor duty, the Mental Skills Instructor will plan, prepare, and teach one-hour "workshops" to up to 100 campers with a co-facilitator daily; focusing on mental skills topics like controlling the "controllables", visualization, teamwork, and self-efficacy; the Mental Skills Instructor will live in a cabin with 8-12 campers as their Cabin Counselor, alongside 1-2 other counselors. A typical day may begin as early as 7:00AM and end as late as 10:00AM. This includes 1 day off for every 6 working days and regularly scheduled breaks throughout the workday.

Job Qualifications:

- Ideally for students enrolled in a Masters Program in Educational Sport Psychology
- Must have facilitation experience, with proven success planning and executing lessons
- Must be excited about living in a rugged mountain setting with simple accommodations, and limited access to phone/internet

WELL-BEING:

- Must be committed to the safety and well-being of our campers at all times; physically, psychologically and socially
- Must have experience modeling healthy habits and safe behavior
- Must enforce camp rules and safety during Mental Skills workshops

CONNECTION:

- Must enjoy working with kids
- Must be able to successfully communicate multiple steps of a workshop
- Must have proven ability to provide one-on-one and group facilitation

PROFESSIONALISM:

- Must be able to successfully prepare and set up workshop materials
- Must be able to maintain control over a workshop of energetic kids
- Must have proven success working within a team, meeting deadlines, being punctual, and collaborating with peers and supervisors

POSITIVITY:

- Must introduce and teach mental skills concepts with enthusiasm
- Must demonstrate optimism and flexibility in the face of adversity
- Must be open to receiving constructive feedback, and proven experience taking action to correct performance when necessary

To Apply: Please visit our website <http://www.berkshiresocceracademy.com/> and complete the Staff Application as thoroughly as possible.