



COVID-19 Response Plan

2022

Updated July 15, 2022

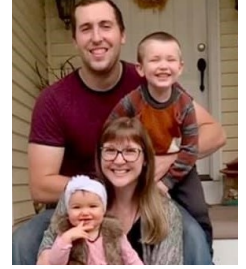
LETTER FROM THE DIRECTORS

Dear Families,

This handbook outlines the Berkshire Soccer Academy COVID-19 Response Plan, which includes protocols and procedures for maximizing the health and well-being of our community in summer 2022.



Katy Kreiner



Mandie & Paul Titley

This handbook supplements, but does not replace, our Athlete Handbook, which outlines rules, policies and guidelines for every aspect of camp, including health. The Athlete Handbook has also been updated.

Warmly,

“Safe at Soccer Camp”



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*To review an abbreviated version of this document, visit our
“Safe at Soccer Camp” page on our website:*

www.berkshiresocceracademy.com/covid/

INTRODUCTION

A MULTI-LAYERED APPROACH

The Berkshire Soccer Academy has adopted a multilayered approach to mitigating the prevalence of COVID-19 for summer 2022. The layers, which are outlined below, include Vaccination, Pre-Arrival Testing, Non-Pharmaceutical Interventions (NPI's) and Ongoing Monitoring.

VACCINATION REQUIREMENTS

For summer 2022, vaccines will be required as follows:

- Campers under 12 years of age will be required to receive two doses of the Pfizer/BioNTech vaccine 21 days apart. The second dose must be received at least two weeks before arrival at camp.
- Campers 12 and older will be required to receive two doses of the Pfizer/BioNTech vaccine and receive a booster dose at least 5 months after the second vaccine dose. A twice-vaccinated individual who is less than five months from their second vaccine need not receive a booster.

On May 19, 2022, the United States Centers for Disease Control (CDC) recommended boosters for 5-11 year-olds. Those boosters, which differ from boosters for 12-17 year-olds, are not yet widely available. **We strongly recommend that all families get their campers boosted, if eligible; however, we are not requiring a booster for those 11 and under.**

There will be no religious or medical exemptions to our vaccination policy.

Proof of administration of required COVID-19 vaccines and booster must be submitted before arrival at the Academy via the CampMinder system

PRE-ARRIVAL TESTING REQUIREMENTS

All campers and staff will be required to provide proof of a negative PCR or Molecular COVID test, completed sometime after 12pm EST on the Wednesday prior to arrival. The proof of negative test must clearly identify the camper, the date of test administration and result.

Any camper that has tested Positive for COVID-19 within 90 days of arrival will not be required to submit a negative test result. Instead, any such camper will be required to provide a letter of proof from a health care professional confirming the date of the camper's COVID diagnosis.

Proof of negative PCR or Molecular COVID test must be submitted either (i) before arrival via the CampMinder system, or (ii) on arrival by hard copy.

In addition to the PCR or Molecular Testing Requirement, we are asking all campers to take an **at home antigen test on the morning of their scheduled arrival day.** We feel that adding this added layer of precaution will help mitigate any positive cases at camp. We ask all families to **take a photo with the date and their campers name along with the negative result and have this ready at drop off.** Any camper that tests positive should not arrive at camp on her scheduled arrival date.

TESTING COSTS

Families will pay for the pre-camp PCR or molecular test, if any. The Academy will pay for the cost of purchasing and administering rapid antigen tests during camp sessions.

ARRIVAL DAY SCREENING

All staff and campers will be screened upon arrival. Arrival screening will include:

- Temperature check.
- COVID-19 symptom and exposure assessment.

If, on arrival day, a camper has an elevated temperature or has COVID symptoms, that camper should not come to camp, and the family should immediately notify the camp. Any camper who arrives at camp with symptoms will be required to return home.

ONGOING SCREENING

Regular/Maintenance screenings will continue throughout the camp session and will include:

- Daily temperature checks.
- Monitoring for COVID-19 symptoms, including:
 - Cough
 - Shortness of breath or difficulty breathing
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- Additional training will be provided to Residential Staff to be alert for signs and symptoms of illness.
- Any camper or staff member found to have one of these symptoms will be seen by a nurse for evaluation and appropriate testing.
- Symptomatic campers and staff will receive a Rapid Antigen Test, the results of which will be available to our Health Center Staff within 15 minutes.
- If any camper tests positive, she will be isolated, her parents will be notified, and she will have to be picked up.

NON-PHARMACEUTICAL INTERVENTIONS (NPIs)

We will also institute **Non-Pharmaceutical Interventions (NPIs)** to prevent the contraction or spread of COVID-19.

NPIs Include:

- Regular Health Monitoring
- Cabin Enhancements
- Cleaning
- Enhanced Hygiene
- Health Center Protocols
- Maintaining a Closed Camp Community

REGULAR HEALTH MONITORING

Ongoing monitoring will be employed to identify any illness or potential illness early on and to prevent an outbreak.

- Every cabin will be equipped with infrared thermometers so that trained cabin staff can perform daily temperature checks.
- All staff will also be trained on COVID-19 symptom identification.
- Nursing staff will monitor all health checks and identify symptoms of concern.
- Any patient found to have suspected symptoms will be tested for COVID-19.

CABIN ENHANCEMENTS

To reduce the possibility of COVID-19 cases at camp, air flow and filtration in the camper cabins has been enhanced. Every cabin is equipped with an air conditioning unit and a VAVA HEPA Air Purifier. ProHEPA 9000 Air Purifiers use a premium H13 HEPA filter that captures particles down to 0.3 microns in size. It also incorporates safe UV-C light technology that kills airborne bacteria and viruses.

CLEANING

The cleaning protocols described below will be followed:

- Housekeeping staff will clean cabins daily. Cleaning will include a wipe down/disinfecting of high touch surfaces like sinks, toilets, showers and door handles.
- All common bathrooms will be cleaned at least twice daily.
- Camper cabins will be thoroughly cleaned between sessions. This will include a disinfecting wipedown of all mattresses, cleaning of all windows, air conditioners and HEPA filters and thorough cleaning of all high touch surfaces.

ENHANCED HYGIENE

- Dispensers of hand sanitizer containing more than 60 percent alcohol will be located next to or inside of all camp buildings, gathering areas, and dining areas. Campers will be required to use hand sanitizer before each meal.
- Campers will be encouraged to practice “Hand Hygiene” at all appropriate times such as after using the bathroom or blowing one’s nose. “Good Cough/Sneeze Etiquette” will continue to be required.
- Campers will be required to use their own water bottles, toiletries and personal effects.

HEALTH CENTER PROTOCOLS

The Health Center staff will consist of 2 registered nurses, 2 certified nursing assistants and 2 athletic trainers. Training for all Health Center staff will include an increased focus on COVID-19 related protocols.

NPI Protocols at the Health Center

- An outdoor triage and treatment site at the entrance to the Health Center will be used for intake to avoid indoor crowding.
- Patients will be screened in the triage tent and treated there, if possible.
- Campers and staff will be evaluated one at a time.
- Medications will be provided at the triage tent.
- When evaluating campers with any COVID-like symptoms, Health Center Staff will wear appropriate PPE.
- Campers and staff will be required to mask when entering the Health Center.

MAINTAINING A CLOSED CAMP COMMUNITY

To further minimize the chance of COVID-19 entering camp, we are limiting contact between campers and staff and those outside of camp. The following steps will be taken to keep the community closed.

- Unscheduled visitors will not be permitted at camp.
- Bridge campers will only attend trips at locations that offer a closed/controlled environment.
- On rainy days, campers may travel to an indoor soccer facility where we will have no contact with anyone not affiliated with BSA.

MANAGEMENT OF COVID-19 AT CAMP

Although the probability of COVID cases in camp is low, it is still possible that COVID-19 could appear during the summer. In that event, the following steps will be taken to mitigate the spread of COVID-19.

1. Cabin Cleaning

A camper or staff member's cabin that has a confirmed COVID case will be cleaned as follows:

- The entire cabin and bathrooms will be cleaned with disinfectant cleaner and will be fogged with a disinfecting electrostatic sprayer.
- The air conditioners and HEPA filters will be run at maximum capacity.
- Cleaning staff will wear eye protection, disposable gloves, masks, and gowns, which they will remove and dispose of after cleaning is complete.
- Air conditioning and filtration will continue for 90 minutes before campers and staff re-enter the cabin.

2. Protocols for a COVID-19 Positive Camper

- The camper's parents will be notified and provided with the initial rapid antigen test result.
- The camper will be comfortably isolated from other campers and staff until she can be picked up from camp.
- **Families that live further away from camp MUST identify a local person who can retrieve their camper within 12 hours of notification.**

3. Protocols for COVID-19 Positive Staff

- COVID positive staff members will be comfortably housed in an isolation room until they meet CDC guidelines to return to the general camp population.
- Housing has been designated specifically for COVID-19 positive staff.